

Psalm 56

Author: David

Study Questions February 28

How very little can be done under the spirit of fear. ~Florence Nightingale

How true, Mrs. Nightingale, how true! When our faith is starved and fear is nourished and productivity becomes paralyzed. Yielding to a spirit of fear prevents us from accomplishing daily responsibilities and participating in Kingdom change. A spirit of fear is not of God but rather a tool in the enemy's arsenal used to achieve his agenda for our life. Our paralysis is reversed when we act upon what God does give us.

Write 2 Timothy 1:7 from the NLT. (You can use biblegateway.com)
Put a line through what God does not give. Circle what He does give.

The list of what God gives is larger than the list of what does not. Let's feed our faith, all that God has freely given, starving fear away.

Fear: False Evidence Appearing Real. ~Author Unknown

Though false evidence surrounded David, he made the decision to trust in God. Our enemy will present false evidence to invoke fear that causes us to doubt God's love and protection. He is a master of making evidence look real. Like a rear view mirror distorts the proximity of approaching cars, fear distorts what is actual in an attempt to weaken our faith.

Read Hebrews 11:1.
What does faith tell us?

Even though false evidence may appear real, and overwhelming, we do not have to allow it to overtake us. What we do not see, rather Who we do not see, erases the false. He who we don't see is greater than all we perceive.

It is easy to believe a lie like, "Fear means you don't have faith." Author Max Lucado offers this thought "The presence of fear does not mean you have no faith. Fear visits everyone. But make your fear a visitor and not a resident."

Fear is cast out by the perfect love (1 Jn.4:18) of our Savior and capturing our thoughts and aligning them with truth of His Word. With these truths in our arsenal we can send fear packing.

Personal Reflection and Application

What has God revealed to me in this lesson? How will I respond?
