

Psalm 1

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Study Questions for Tuesday January 3, 2012

The Psalmist gives us a glimpse into two lives: the life of the blessed and the life of the wicked. The blessed person walks in the ways of the Lord while the wicked walks in his own ways.

The world suggests our happiness is found in money, education, power, position, pleasure, and possessions. The psalmist provides an alternative to the world's definition by directing us to the source of real happiness (esher). Authentic happiness belongs to those who do not walk in the counsel of the wicked, stand in the way of sinners, or sit at the feet of mockers.

Personalize the psalmist's advice by redefining it in your own words.

Ex: Do not walk in the counsel of the wicked- surround myself with wise people.

The Psalmist tells us the blessed man delights in God's law. *Delight* is defined as pleasure, longing, and desires. It is in God's instructions satisfaction for our pleasures, longings, and desires can be found. However, in our "gotta-have-it-now" and "me, my and I" instant society it is easy to seek satisfaction in places other than the Word of God.

Where do you find satisfaction of your pleasures, longings, and desires?

God gives the same guidance in Joshua 1:8 as the psalmist gives us in Psalm 1. Locate Joshua 1:8 in your Bible and write the verse in the space below.

According to both of the Scriptures, how can we ensure our pleasures, longings, and desires are satisfied in God's Word?

Those who meditate on the Scripture day and night will have a fruitful and prosperous life. Most of us would agree that we want a life which has a positive effect on others and helps them to experience success. The key to this kind life is meditating not ignoring God's Word. Meditating on God's instructions means we engage in the thought of, contemplate, and reflect upon them. Getting into God's Word each day is the *only* way for God's Word to get into us. When His Word is in us, it to guide us to live the fruitful and prosperous life the Psalmist describes.

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